

XT3700

Octane's incredibly popular XT3700 is known for delivering the absolute best-feeling workouts. Directing comfortable movement and flow while providing upper body ergonomics is what makes the XT3700 an optimal choice for a variety of exercisers. Users can also fuel their workouts with advanced programming to drive results further than before. Octane Fitness ellipticals give exercisers the ability to challenge themselves with intense workouts, yet still feel good both during and after their routines.

OCTANE ADVANTAGES

- Smooth motion
- Advanced training
30:30 and MMA
- Close pedal spacing
- MultiGrip & Converging
Path handlebars
- Workout Boosters
- Side step-compatible



UPPER-BODY ERGONOMICS

MultiGrip and Converging Path handlebars engage the upper body and custom-fit exercisers.



ADVANCED PROGRAMS

For the ultimate in HIIT, the 30:30 Interval and MMA workouts have exercisers mastering vigorous sets of intervals that push them to work harder.



REAL RUNNING MOTION

Delivers supremely comfortable natural movement and flow, both forward and backward. With close pedal spacing of 1.8", the body is properly aligned from head to toe minimizing stress on the joints and lower back.



SIDE STEPS

Add workout variety with this option to focus on the upper body only.

XT3700 Specifications

KEY MECHANICAL FEATURES

Stride length	24" (61 cm)
Close pedal spacing	1.8" (4.5 cm)
Low step-up height	•
Covered track and rollers	•
MultiGrip and Converging Path handlebars	•
Moving handlebar lock-out option	•
Side steps	•
Phone holder	•
Water bottle holder	•
Tablet/reading rack*	•
Transport wheels	•

ELECTRONIC FEATURES

Apple Gym Kit**	•
Resistance levels	30
Digital contact heart rate on stationary handlebars	•
Wireless heart rate ready	ANT+* and Polar*
Console fan (3 speeds)	•
Self-powered (standard console only)	•
Mobile device charging via USB port	•
Replaceable headphone jack	•
CSAFE	•

CONSOLE OPTIONS

Smart	10" (25.4 cm) capacitive touch screen
Standard	Large LED display with integrated capacitive buttons

ENTERTAINMENT OPTIONS

LG TV	•
Wireless 900 Mhz**	•

WORKOUTS

Number of programs	12
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• Standard ◦ Optional

PRESET PROGRAMS

Manual	•
Random	•
Interval	•
Distance goal	•
Calorie goal	•
CROSS CiRCUIT	•

HEART RATE-CONTROLLED PROGRAMS

Fat Burn	•
Heart Rate Interval	•

ADVANCED PROGRAMS

30:30 Interval	•
MMA	•
Constant Power Watts	•
Constant Power METs	•

WORKOUT BOOSTERS

X-Mode	•
GluteKicker	•
ArmBlaster	•

PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 kg)
Footprint (W x L)	33" x 77" (84 cm x 196 cm)
Footprint - live area (W x L)	37" x 87" (94 cm x 221 cm)
Product weight	342 lbs (155 kg)
Footprint with side steps (W x L)	40" x 87" (102 cm x 221 cm)
Weight with side steps	368 lbs (167 kg)

WARRANTY

Frame	3 years
Parts	3 years
Labor	1 year

*Smart console only

**Standard console only



Octane

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©2022 Octane Fitness, LLC. In a continual effort to improve our products specifications are subject to change.

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