

FLAT-INCLINE

BENCH



Simple one-handed adjustment for 0°, 15°, 30°, 45°, 60°, and 75° angles.



Prolonged pad life through vinyl seams that are double stitched and strategically placed on contour molded high resilient foam cushions



Comfortable handle height and wheels that engage only when bench is lifted for easy mobility



Prolonged paint protection from high density urethane foot



Solid stability through nonskid rubber surfaces on all floor contact points



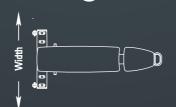
Two position 0 -10° seat pad angle adjustment to lock you in when doing incline presses



Specifications

Product Dimensions L x W x H 59.1" x 27.0" x 18.0" (150 cm x 69 cm x 46 cm)

Product Weight 105 lbs (48 kg)



Length

Commercial Warranty

3

Frame and Welds 10 years
Parts 1 year
Upholstery 90 days





ABOUT THE XIIB

The foundation of any bench and rack line is the flat-incline bench. The second generation XFIB with its bullet proof design, rises to the occasion. Featuring one-handed back pad adjustments of 0°, 15°, 30°, 45°, 60° and 75°, two seat pad positions, and an

ergonomic handle for mobility, the bench couldn't be any more intuitive

to use. The well thought-out design features urethane foot guards for prolonged paint protection, non-skid rubber footpads on all floor contact points and a tapered seat pad to prevent dumbbell interference when performing arm curl exercises. Static tested with loads exceeding 9000 lbs, the bench will hold up in any environment and its efficient design leads to trouble free operation and maintenance.

ONE-HANDED ADJUSTMENT



Flat Position (Flat seat)



30°Incline (Decline seat)



75°Incline (Decline seat)