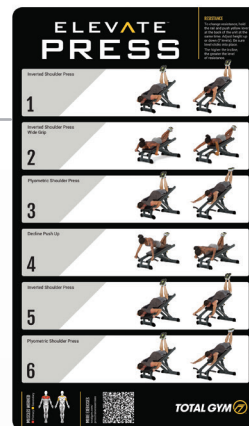


**Instructional Placard** provides at-a-glance exercises. QR code and URL provides smart phone links to exercise videos.



### Incline Release

**Lever** to move between seven levels of resistance ranging from 15 percent to 50 percent of a user's bodyweight.



**Anchor Feet with Bolt Holes** for safety and stability.

## PRODUCT SPECIFICATIONS

<b>IN USE</b>	66" x 39" x 41" (L/W/H) [1.7 m X 1.0 m X 1.0 m]
<b>FLOOR SPACE</b>	14 square feet [1.4 square meters]
<b>UNIT WEIGHT</b>	116 lbs [53 kg]
<b>CONSTRUCTION</b>	Steel with steel reinforced extruded aluminum rails
<b>CAPACITY</b>	Maximum user weight capacity of 400 lbs [181 kg]
<b>GLIDEBOARD RANGE OF MOTION</b>	33 inches [840 mm]
<b>WARRANTY</b>	Frame: 5 years Upholstery: 90 days Rubber & Moving Parts: 1 year

The ELEVATE Press™ introduces a totally new way to do a shoulder press by placing users in an inverted position. Seven adjustable levels allow users to select a percentage of their own bodyweight as resistance. The Press also allows users to perform a decline push-up.

1. Designed for intuitive use and success in performing press up.
2. Strengthens all the muscles of the upper body.
3. Seven incline levels allow users to progress from pressing as little as 15 percent of their own bodyweight up to 50 percent.
4. Allows for plyometric movements.
5. Ability to progress a decline push-up.
6. Inverted position stabilizes shoulder girdle and reduces spinal compression and shoulder impingement.